What is Occupational Therapy?

“Occupational Therapy,” the use of purposeful activity or interventions designed to achieve functional outcomes which promote health, prevent injury or disability and which develop, improve, sustain or restore the highest possible level of independence of any individual who has an injury, illness, cognitive impairment, psychosocial dysfunction, mental illness, developmental or learning disability, physical disability or other disorder or condition.

It shall include assessment by means of skill observation or evaluation through the administration and interpretation of standardized or non-standardized tests and measurements. Occupational therapy services include, but are not limited to:

A The assessment and provision of treatment in consultation with the individual, family or other appropriate persons;

B Interventions directed toward developing, improving, sustaining or restoring daily living skills, including self-care skills and activities that involve interactions with others and with the environment, work readiness or work performance, play skills or leisure capacities or enhancing educational performances skills;

C Developing, improving, sustaining or restoring sensorimotor, oral-motor, perceptual or neuromuscular functioning; or emotional, motivational, cognitive or psychosocial components of performance’ and

D Education of the individual, family or other appropriate persons in carrying out appropriate interventions.

Such services may encompass assessment of need and the design, development, adaptation, application or training in the use of assistive technology devices; the design, fabrication or application of rehabilitative technology such as selected orthotic devices, training in the use of orthotic or prosthetic devices; the application of ergonomic principles; the adaptation of environments and processes to enhance functional performance; or the promotion of health and wellness; This is the scope of practice as defined in the Missouri Board of Occupational Therapy Statute.

FOR MORE INFORMATION:
If you would like information regarding licensure please call or write:
Missouri Board of Occupational Therapy
3605 Missouri Boulevard
Jefferson City, MO 65109

ot@pr.mo.gov
573-751-0877
573-526-3489
www.pr.mo.gov
How do I find a licensed occupational therapist or occupational therapy assistant?

Licensed occupational therapists and licensed occupational therapy assistants are employed in many different settings. A list of licensees can be obtained from the website or you may wish to consult your local yellow pages.

What is a Licensed Occupational Therapist?

A licensed occupational therapist is a person licensed to practice occupational therapy as defined above and whose license issued pursuant to sections 324.050 to 324.089.

What is a Licensed Occupational Therapy Assistant?

A licensed occupational therapy assistant is a person licensed to assist an occupational therapist in the delivery of occupational therapy services in compliance with federal regulations and rules promulgated.

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What are my consumer rights and responsibilities?

- Receive competent professional services.
- Verify the credentials of the licensed professional and know the names and titles of licensed professionals who provided services.
- Receive clear explanation of the services being offered or provided.
- Refuse any services offered.
- Know what records will be kept and how to get copies (Any mandate reporting law?)
- File a complaint with the Missouri Board of Occupational Therapy about a licensed professional or an unlicensed practitioner.
- If you are a person with a disability, you may request and may be provided reasonable accommodations to access professional services.
- To be treated with courtesy and respect.
- To maintain an ethical and professional relationship (without financial, sexual or other expectations).

Missouri Board of Occupational Therapy Mission and Responsibility:

The mission of the Missouri Board of Occupational Therapy is to protect the citizens of the state through the licensing of occupational therapists and assistants in addition to assessing their competence to practice.

It is also the Board’s duty to investigate all complaints against its licensees in a fair and equitable manner.

The Board, in collaboration with the Division of Professional Registration, is responsible for developing, implementing and administering the rules and regulations necessary to carry out the Occupational Therapy Practice Act. These regulations include establishing the requirements for licensure, continuing competency, as well as the ethical standards of conduct for occupational therapy practitioners. The Board will also be responsible for investigating complaints related to the practice of occupational therapy.

Achieve functional outcomes which promote health, prevent injury or disability and which develop, improve, sustain or restore the highest possible level of independence of any individual...