

The information presented herein, provides potential resources related to the requirements for suicide prevention training contained in HB 1719, effective August 28, 2018. This information was collected and prepared by Dr. Brittany Robinson on behalf of various licensure committees within the Division of Professional Registration. Please be aware that website information and links can change, however the website addresses were accurate and operational as of November 16, 2018.

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MISSOURI COALITION FOR COMMUNITY BEHAVIORAL HEALTH

<https://www.mocoalition.org/resources>

This website contains numerous resources for corrections, cultural competency, employment, healthcare, mental illness, public policy, substance use, suicide, and veterans. The links related to suicide are listed below.

Suicide Fact Sheet

https://docs.wixstatic.com/ugd/6dadf9_1ebcaa1e7b4f4740b6dcdf153eb5a4a3.pdf

This is a 2-page fact sheet that gives information about why people commit suicide, high risk groups, suicide among young people, warning signs, and how you can help.

Suicide in Missouri: Where We Stand

https://docs.wixstatic.com/ugd/6dadf9_8a218153aca8496faed7d861fe2c0ea5.pdf

Fact sheet comparing the rates of suicide in Missouri to the national average. It also gives statistics related to suicide in Missouri based on age, race, and gender.

MISSOURI DEPARTMENT OF MENTAL HEALTH

<https://dmh.mo.gov/mentalillness/suicide/prevention.html>

This website contains the suicide prevention lifeline, links to Missouri suicide statistics and national suicide statistics. The appropriate links are listed below.

Missouri Suicide Prevention Plan (2012)

<https://dmh.mo.gov/docs/mentalillness/suicideplan.pdf>

This is a 25-page article that explains the Missouri suicide prevention plan. It includes information about the suicide prevention principles of Missouri, using the public health approach, risk factors, protective factors, and interventions.

National Suicide Data (2016)

<https://dmh.mo.gov/mentalillness/suicide/docs/2016datapgsv1.pdf>

This is a 1-page document listing national averages of fatal and non-fatal outcomes of suicide based on sex, age, and race.

Suicide Prevention Facts and Resources

https://dmh.mo.gov/mentalillness/suicide/docs/suicide_prevention_facts_and_resources_fact_sheet.pdf

This is a 2-page fact sheet that lists suicide prevention facts and additional resources.

NATIONAL ACTION ALLIANCE FOR SUICIDE PREVENTION

<https://theactionalliance.org>

This website provides a resource library, data and links to related websites.

SAMHSA SUICIDE PREVENTION

<https://www.samhsa.gov/suicide-prevention>

This website is part of the U.S. Department of Health and Human Services- Substance Abuse and Mental Health Services Administration. There are countless resources throughout this website with relevant links for suicide prevention listed below.

Youth Suicide Warning Signs

<https://www.youthsuicidewarningsigns.org/healthcare-professionals>

This is a short fact sheet about youth suicide warning signs and how to respond.

National Strategy for Suicide Prevention 2012: Goals and Objectives for Action

<https://www.ncbi.nlm.nih.gov/pubmed/23136686>

This is a link to a free downloadable copy of the National Strategy for Suicide Prevention. Document provides four strategic directions including healthy and empowered individuals, families, and communities, clinical and community preventive services, treatment and support services, and surveillance, research and evaluation.

Suicidal Thoughts and Behaviors Among Adults: Results from the 2014 National Survey on Drug Use and Health

<https://www.samhsa.gov/data/sites/default/files/NSDUH-FRR2-2014/NSDUH-DR-FRR2-2014.htm>

This article summarizes the findings from the 2014 National Survey on Drug Use and Health on statistics related to suicide and suicidal thoughts for adults in America.

At risk populations

<https://www.samhsa.gov/suicide-prevention/at-risk-populations>

This is a link to a list of at risk populations for suicide identified by SAMHSA

Cultural Awareness and Competency Around Suicide Prevention

<https://www.samhsa.gov/suicide-prevention/cultural-awareness-competency>

Link for practitioners to develop suicide prevention strategies that account for the cultural beliefs and practices of different population groups.

ZERO SUICIDE IN HEALTH AND BEHAVIORAL HEALTH CARE

<http://zerosuicide.sprc.org/>

*Website provides a number of resources based on the **Zero Suicide Initiative** which is a commitment to suicide prevention in health and behavioral health care systems. It promotes the seven essential elements of suicide care for health and behavioral health care systems to adopt, identified by the Action Alliance's Clinical Care and Intervention Task Force. The most relevant links from this website are provided below.*

Zero Suicide Tool Kit

<http://zerosuicide.sprc.org/toolkit>

A description of the zero suicide tool kit is provided through this link.

Organization Self Study

http://zerosuicide.sprc.org/sites/zerosuicide.actionallianceforsuicideprevention.org/files/Zero%20Suicide%20Organizational%20Self-Study_0.pdf

A 21-page self-assessment for to assess what components of the comprehensive Zero Suicide approach your organization currently has in place.

November 2017 Perspectives Preview: Special Report: Suicide Prevention in Health Care Settings

<https://www.jointcommission.org/issues/article.aspx?Article=GtNpk0ErgGF%2B7J9WOTTkXANZSEPXa1%2BKHO/4kGHCIio%3D>

Recommendations regarding environmental hazards for providers and surveyors are explored including; recommendations for inpatient psychiatric units, general acute inpatient settings, and emergency departments.

US DEPARTMENT OF VETERANS AFFAIRS

https://www.mentalhealth.va.gov/suicide_prevention/

This website provides a number of beneficial links and resources including: suicide prevention training, warning signs of suicide and phone numbers for contacting the veterans crisis hotline. The most relevant links for this website are provided below:

National Strategy for Preventing Veteran Suicide

https://www.mentalhealth.va.gov/suicide_prevention/docs/Office-of-Mental-Health-and-Suicide-Prevention-National-Strategy-for-Preventing-Veterans-Suicide.pdf

This is a link to a 42-page document that outlines the national strategy for preventing veteran suicide. The strategy includes fourteen clearly defined goals that are specific to

veterans. Goals include increasing knowledge of protective factors, supporting research, responsible media reporting, and promoting and implementing effective clinical and professional practices for assessing and treating veterans.

VA National Suicide Date Report 2005-2016

https://www.mentalhealth.va.gov/mentalhealth/suicide_prevention/data.asp

Study provides data about veteran suicide based on age, gender, and method of suicide compared to the national averages. Additional resources are also provided on the final page of the article.

S.A.V.E. online suicide prevention video

<https://psycharmor.org/courses/s-a-v-e/>

Training to learn how to recognize suicide risk factors and warning signs.

Suicide Prevention Resources

https://www.mentalhealth.va.gov/suicide_prevention/resources.asp

An additional resource page has been provided that is specific for veterans and veteran families. Some information is also provided in Spanish.

AMERICAN ASSOCIATION OF SUICIDOLOGY

<https://www.suicidology.org>

This website provides an abundance of resources including fact sheets, infographics, articles, videos, links of interest, recommendations for reporting suicide, and warning signs. There are also additional resources for those who identify as lesbian, gay, bisexual, and/or transgender. Some relevant links are provided below.

Lesbian, Gay, Bisexual, and Transgender resources

<https://www.suicidology.org/resources/lgbt>

This webpage provides additional resources for those in the LGBT community.

Lesbian, Gay, Bisexual and Transgender Resource Sheet

<http://www.suicidology.org/Portals/14/docs/Resources/LGBT%20Resources/LGBTresource-sheet.pdf>

This 8-page resource sheet gives specific facts regarding suicide for people in the LGBT community. It also provides an extensive list of risk factors that contribute to suicide in this population.

Recognizing and Responding to Suicide Risk: Essential Skills for Clinicians (RRSR)

<https://www.suicidology.org/training-accreditation/rrsr>

This training provides the essential skills for clinicians to recognize and respond to suicide risk.

PEER-REVIEWED ARTICLES

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York, J., Lamis, D., Pope, C., & Egede, L. (2013). Veteran-Specific Suicide Prevention. *Psychiatric Quarterly, 84*(2), 219–238.

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