MISSOURI STATE BOARD OF COSMETOLOGY AND BARBER EXAMINERS
ESTHETICS
CANDIDATE INFORMATION BULLETIN ("CIB")

Due to social distancing requirements Barbers and Esthetician and Barber Crossover practical examinations will require candidates to use a mannequin for performing tasks during the administration of the examination. NO MODELS WILL BE ADMITTED until further notice.

Effective January 1, 2020:
NIC now requires ALL candidates who sit for any NIC practical examination to use only viricidal, bactericidal and fungicidal disinfecting WIPES. Spray disinfectant is no longer allowed in the testing rooms and will be confiscated. Candidates may remove wipes from a larger container and place in a closable plastic bag, copy and apply to the outside of the bag the appropriate manufacturers label and utilize in the examination with no issues.
This change is in effect now.

This Candidate Information Bulletin ("CIB") is intended for your use in preparing for and understanding the processes and procedures for applying for examination and scheduling to test. The Missouri Board of Cosmetology and Barber Examiners ("Board") is responsible for licensing and regulating barber and cosmetology related professions in the State of Missouri. The Board has contracted with PSI Services, LLC ("PSI") to provide administrative examination services. The Board will exclusively use the National-Interstate Council of State Boards of Cosmetology ("NIC") examinations. The Board first requires the submission of an Application For Examination / Temporary Permit. This is required to determine your eligibility for testing. Any questions regarding your application should be directed to the Missouri State Board of Cosmetology and Barber Examiners.

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<tr>
<th>STEP 1</th>
<th>STEP 2</th>
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| ▪ Download application at [http://pr.mo.gov/cosbar.asp](http://pr.mo.gov/cosbar.asp)  
▪ Complete Application For Examination / Temporary Permit.  
▪ Mail to: State Board office in Jefferson City, Missouri. | ▪ Upon approval, contact PSI to pay and schedule an appointment to take the examination. |

Missouri State Board of Cosmetology and Barber Examiners  
E-mail: cosbar@pr.mo.gov  
Phone: (573) 751-1052  
Toll Free: (866) 762-9432  
Fax: (573) 751-8167  
Address: 3605 Missouri Boulevard  
P.O. Box 1062  
Jefferson City, Missouri 65102-1062  
PSI Services LLC  
Web site: [www.psixams.com](http://www.psixams.com)  
E-mail: examschedule@psionline.com  
Phone: (833) 310-6426  
Fax: (702) 932-2666  
Address: 3210 E Tropicana  
Las Vegas, Nevada 89121  
For Questions and concerns regarding Cosmetology and related exams, please email cosmetology@psionline.com.

ELIGIBILITY REQUIREMENTS
A candidate who wishes to obtain a license must pass both a theory and a practical examination. To qualify to take these examinations, a candidate must:
1. Be at least 17 years old;  
2. Have successfully completed a 10th grade education or equivalent (not required for Barber or Barber Instructor)  
3. Have successfully completed the applicable training requirements:  
   ▪ Barber - 1,000-hours in a board-approved school of barber; or 2,000-hours in a board-approved apprenticeship program  
   ▪ Class CA - Hairdressing - 1,500-hours in a board-approved school of cosmetology; or 3,000-hours in a board-approved apprenticeship program  
   ▪ Class E - Esthetics - 750-hours in a board-approved school of esthetics; or 1,500-hours in a board-approved apprenticeship program  
   ▪ Class CH - Hairdresser - 1,500-hours in a board-approved school of cosmetology; or 3,000-hours in a board-approved apprenticeship program  
   ▪ Class MO - Manicure - 400-hours in a board-approved school of manicuring; or 800-hours in a board-approved apprenticeship program.

5/22/2020
- **Instructor** - Hold a current cosmetology, esthetics, hairdresser or manicure license for at least 3 years; or hold a current license for less than three years, and 600-hours in a board-approved instructor training course
- **Barber Instructor** - Hold a current barber license
- **Crossover to Barber** - Hold a current Missouri Cosmetology or Hairdresser license and complete at least 45 hours of training.
  - If you have held a Missouri Cosmetology or Hairdresser license for less than 1 year you must take the entire Barber Theory and Practical Examinations.
  - If you have held a Missouri Cosmetology or Hairdresser license for more than 1 year you must take only the Shaving portion of the Barber Practical Examination.
- **Crossover to Cosmetology** - Hold a current Missouri Barber license and complete 500 hours of training. You must take the Basic Manicure section of the Manicuring Practical and the entire Manicuring Theory Examination.
  - 2 years of experience substitutes for 250 hours
  - 3 years of experience substitutes for 500 hours

**RECIPROCITY/REINSTATEMENT:**

If you hold a license in another state, or an expired Missouri license, then contact the Board at (573)751-1052.

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**SCHEDULING PROCEDURES**

Once approved by the Board, you are responsible for contacting PSI to pay and schedule an appointment to take the examination.

<table>
<thead>
<tr>
<th>Written Examination Fee</th>
<th>$84.00</th>
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<tbody>
<tr>
<td>Practical Examination Fee</td>
<td>$54.00</td>
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**NOTE:** EXAMINATION FEES ARE NOT REFUNDABLE OR TRANSFERABLE. THE EXAMINATION FEE IS VALID FOR ONE YEAR FROM THE DATE OF PAYMENT.

**ON-LINE (WWW.PSIEXAMS.COM)**

In order to pay and schedule via the Internet, candidates will need to have a valid credit card (Visa, MasterCard, American Express or Discover).

1. Log onto PSI’s website and create an account. Please enter your email address and first and last name. This information must match exactly with the information the Board has on file. Be sure to check the box next to “Check here to attempt to locate existing records for you in the system”
2. You will be asked to select the examination and enter your social security#. Your record will be found and you will now be ready to pay and schedule for the exam. Enter your zip code and a list of the testing sites closest to you will appear. Once you select the desired test site, available dates will appear. If you have problems contact PSI at (833) 310-6426 for help.

**CANCELING AN EXAMINATION APPOINTMENT**

You may cancel and reschedule an examination appointment without forfeiting your fee if your cancellation notice is received 2 days before the scheduled examination date. For example, for a Monday appointment, the cancellation notice would need to be received on the previous Saturday. Note: A voice mail message is not an acceptable form of cancellation. Please use the PSI Website or call PSI and speak to a Customer Service Representative.

**MISSED APPOINTMENT OR LATE CANCELLATION**

Your registration will be invalid, you will not be able to take the examination as scheduled, and you will forfeit your examination fee, if you:

- Do not cancel your appointment 2 days before the schedule examination date;
- Do not appear for your examination appointment;
- Arrive after examination start time;
- Do not present proper identification when you arrive for the examination.
EXAM ACCOMMODATION

All examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990, and exam accommodations will be made in meeting a candidate’s needs. Applicants with disabilities or those who would otherwise have difficulty taking the examination should request for alternative arrangements by filling out and emailing (or fax) the Exam Accommodations Request Form at the end of this bulletin. You may also request your accommodations online by following the link on the Exam Accommodations Request Form.

EXAMINATION SITE CLOSING FOR AN EMERGENCY

In the event that severe weather or another emergency forces the closure of an examination site on a scheduled examination date, your examination will be rescheduled. PSI personnel will attempt to contact you in this situation. However, you may check the status of your examination schedule by calling (833) 310-6426. Every effort will be made to reschedule your examination at a convenient time as soon as possible. You may also check our website at www.pslexams.com.

COMPUTER CENTER LOCATIONS FOR THE WRITTEN EXAMINATION

The licensing examinations are administered at the following PSI examination centers.

Cape Girardeau, MO
Cape Girardeau Career and Technology Center
1080 S. Silver Springs Rd
Cape Girardeau, MO 63703
From the North: I-55 - Exit 95 onto Hwy 74. Follow Hwy 74 and veer right onto Mount Auburn Rd at the first set of stop lights. Follow Mount Auburn Rd to the 4 way stop and veer right onto South Silver Springs Rd. This will take you to the front door of the Career and Technology Center (on your left - flagpole in front with school marquee). Park in the front parking lot. From S on I-55 - take exit 93 onto Hwy 61. Follow Hwy 61 to the first set of stoplights at South Silver Springs Rd. Turn Left onto South Silver Springs Rd. This will take you to the front of the Career and Technology Center (On your right - flagpole in front with schools marquee). Park in the front parking lot.

Jefferson City, MO
2410 Hyde Park Rd
Jefferson City, MO 65109
Exit Highway 50 West at the Dix Road exit. Go South through two traffic lights. Go West on Missouri Blvd. At the first traffic light, turn South onto Stadium. Go 3/10 of a mile south of Missouri Blvd on Stadium Blvd. to Hyde Park Road. Turn left into office complex in business park just south of the Target Shopping Center.

Kirksville, MO
Kirksville Area Technical Center
1103 S Cottage Grove
Kirksville, MO 63501
From US-63/N Missouri St go toward E Union St. Turn right onto E Randolph St., continuing to S Cottage Grove Ave.

Olathe, KS
18000 West 105th St
Olathe, KS 66061
From East - Take I-435 W to K-10/Lawrence exit 1B. From K-10, exit at Ridgeview Rd and turn left. Take first left into office park. The PSI office is on left.
From North - Take I-35 S to I-435 W exit 222B, then take K-10/Lawrence exit 1B. From K-10, exit at Ridgeview Rd and turn left. Take first left into office park. The PSI office is on left.
From West of I-35, take I-435 S, then take K-10/Lawrence exit 1B. From K-10, exit at Ridgeview Rd and turn left. Take first left into office park. The PSI office is on left.
From South - Take I-35 N to I-435 W exit 222B, then take K-10/Lawrence exit 1B. From K-10, exit at Ridgeview Rd and turn left. Take first left into office park. The PSI office is on left.
From West - Take K-10/Lawrence exit 1B. From K-10, exit at Ridgeview Rd and turn right. Take first left into office park. The PSI office is on left. Please park in the spots designated for visitors/testers at the front of the building.

5/22/2020
Springfield, MO
3003 East Chestnut Expressway
Springfield, MO 65802
From I-44, take US-65 South to Chestnut Expressway. Turn right at the bottom of the exit ramp. Go to the 1st stoplight at Belcrest Ave, and turn right.

St. Louis, MO
11100 Mueller Road
Suite 7 & 8
St. Louis, MO 63123
If coming from St. Ann, go I-270 South and exit onto MO-21 (Tesson Ferry Rd) and go east for about one and a half miles. From Tesson Ferry Rd turn right onto US-50 (Lindbergh Blvd) for approximately a quarter mile. From Lindbergh Blvd turn left onto Mueller Rd. The building is located behind McDonalds and a Mobile gas station.

Webb City, MO
Webb City - Alpha Air Center
5509 N Dennis Weaver Dr.
Webb City, MO 64870
Go North on Dennis Weaver Drive off of Highway 171 and follow the road around to the brick building that says General Aviation Terminal.

West Plains, MO
West Plains - Missouri State University
304 W Trish Knight St. • Garnett Library
West Plains, MO 65775
The MSU-WP Testing Center is located at 304 W. Trish Knight St. in Garnett Library. When you get into West Plains, head for West Broadway. Turn south onto Garfield Ave., and take the second left (east) onto Trish Knight. The library is on the south side of the street with a big grizzly bear in front. There is plenty of parking on the street.

Additionally, PSI has examination centers in many other regions across the United States. You may take the written examination at any of these locations by filling out and emailing (or fax) the Out-of-State Request Form at the end of this bulletin.

COMPUTER CENTER LOCATIONS FOR THE PRACTICAL EXAMINATION

Independence/Kansas City
Hilton Garden
19677 E Jackson Dr
Independence, MO 64057

Jefferson City
DoubleTree Hotel
422 Monroe Street
Jefferson City, MO 65101

Springfield
Hilton Garden Inn
4155 S. Nature Center Way
Springfield, MO 65804

St. Louis
11100 Mueller Road
Suite 7 & 8
St. Louis, MO 63123
REPORTING TO THE EXAMINATION CENTER

On the day of the examination, you should arrive at least 30 minutes before your appointment. This extra time is for identification and familiarizing yourself with the examination process. If you arrive late, you may not be admitted to the examination center and you will forfeit your registration fee.

**REQUIRED IDENTIFICATION**

Candidates need to provide two (2) forms of identification.

Candidates must register for the exam with their LEGAL first and last name as it appears on their government issued identification. All required identification below must match the first and last name under which the candidate is registered. Candidates are required to bring two (2) forms of valid (non-expired) signature bearing identification to the test site.

**PRIMARY IDENTIFICATION - Choose One**
- State issued driver’s license
- State issued identification card
- US Government Issued Passport
- US Government Issued Military Identification Card
- US Government Issued Alien Registration Card

**SECONDARY IDENTIFICATION - Choose One**
- Credit Card (must be signed)
- Social Security Card
- US Issued Birth Certificate with Raised Seal

*NOTE: Student ID and employment ID are NOT acceptable forms of identification.*

Candidates must register with the full legal name as it appears on their government issued identification. The name on the identification must be the same as the name used to register for the examination. If the candidate fails to bring proper identification or the candidate names do not match, the candidates will not be allowed to test and their examination fee will not be refunded.

**SECURITY PROCEDURES**

The following security procedures apply during examinations:

- All examinations are closed book.
- No visitors, guests or children are allowed in the test center.
- Candidates may take only approved items into the examination room.
- All personal belongings of candidates should be placed in the secure storage provided at each site prior to entering the examination room. Personal belongings include, but are not limited to, the following items:
  - Electronic devices of any type, including cellular / mobile phones, recording devices, electronic watches, cameras, pagers, laptop computers, tablet computers (e.g., iPads), music players (e.g., iPods), smart watches, radios, or electronic games.
  - Bulky or loose clothing or coats that could be used to conceal recording devices or notes. For security purposes outerwear such as, but not limited to: open sweaters, cardigans, shawls, scarves, hoodies, vests, jackets and coats are not permitted in the testing room. In the event you are asked to remove the outerwear, appropriate attire, such as a shirt or blouse should be worn underneath.
  - Hats or headgear not worn for religious reasons or as religious apparel, including hats, baseball caps, or visors.
  - Other personal items, including purses, notebooks, reference or reading material, briefcases, backpacks, wallets, pens, pencils, other writing devices, food, drinks, and good luck items.
- Although secure storage for personal items is provided at the examination site for your convenience, PSI is not responsible for any damage, loss, or theft of any personal belongings or prohibited items brought to, stored at, or left behind at the examination site. PSI assumes no duty of care with respect to such items and makes no representation that the secure storage provided will be effective in protecting such items. If you leave any items at the examination site after your examination and do not claim them within 30 days, they will be disposed of or donated, at PSI’s sole discretion.

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- Person(s) accompanying an examination candidate may not wait in the examination center, inside the building or on the building’s property. This applies to guests of any nature, including drivers, children, friends, family, colleagues or instructors.
- No smoking, eating, or drinking is allowed in the examination center.
- During the check-in process, all candidates will be asked if they possess any prohibited items. Candidates may also be asked to empty their pockets and turn them out for the proctor to ensure they are empty. The proctor may also ask candidates to lift up the ends of their sleeves and the bottoms of their pant legs to ensure that notes or recording devices are not being hidden there.
- Proctors will also carefully inspect eyeglass frames, tie tacks, or any other apparel that could be used to harbor a recording device. Proctors will ask to inspect any such items in candidates’ pockets.
- If prohibited items are found during check-in, candidates shall put them in the provided secure storage or return these items to their vehicle. PSI will not be responsible for the security of any personal belongings or prohibited items.
- Any candidate possessing prohibited items in the examination room shall immediately have his or her test results invalidated, and PSI shall notify the examination sponsor of the occurrence.
- Any candidate seen giving or receiving assistance, found with unauthorized materials, or who violates any security regulations will be asked to surrender all examination materials and to leave the examination center. All such instances will be reported to the Board and you may be denied licensure.
- Copying or communicating examination content is a violation of a candidate’s contract with PSI, and federal and state law. Either may result in the disqualification of examination results and may lead to legal action.
- Once candidates have been seated and the examination begins, they may leave the examination room only to use the restroom, and only after obtaining permission from the proctor. Candidates will not receive extra time to complete the examination.

**TAKING THE WRITTEN EXAMINATION BY COMPUTER**

**TAKING THE EXAMINATION BY COMPUTER**

The examination will be administered via computer. You will be using a mouse and computer keyboard.

**IDENTIFICATION SCREEN**

You will be directed to a semiprivate testing station to take the examination. When you are seated at the testing station, you will be prompted to confirm your name, identification number, and the examination for which you are registered.

**TUTORIAL**

Before you start your examination, an introductory tutorial is provided on the computer screen. The time you spend on this tutorial, up to 15 minutes, DOES NOT count as part of your examination time. Sample questions are included following the tutorial so that you may practice answering questions and reviewing your answers.

The “Function Bar” at the top of the sample question provides mouse-click access to the features available while taking the examination.

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One question appears on the screen at a time. During the examination, minutes remaining will be displayed at the top of the screen and updated as you record your answers.

IMPORTANT: After you have entered your responses, you will later be able to return to any question(s) and change your response, provided the examination time has not run out.

EXPERIMENTAL QUESTIONS

In addition to the number of examination items specified in the “Examination Content Outlines”, a small number (5 to 10) of “experimental” questions may be administered to candidates during the examinations. These questions will not be scored and the time taken to answer them will not count against examination time. The administration of such unscored, experimental questions is an essential step in developing future licensing examinations.

EXAMINATION REVIEW

The Missouri State Board of Cosmetology and Barber Examiners is utilizing the National-Interstate Council of State Boards of Cosmetology (NIC) examinations. NIC conducts ongoing analysis and review of their examinations to ensure the examinations accurately measure minimal competency in the required knowledge area.

SCORE REPORTING

You will receive the score report immediately following the completion of the written examination.

Confidentiality: Test results are confidential and are not provided over the telephone.

Passing Candidates: When you have passed all required examinations, your scores will be electronically sent to the state of Missouri. It is not necessary to notify the Board that you have passed the examination; the Board is provided candidate scores on a daily basis. The Board will automatically issue a license shortly after.

Failing Candidates: Candidates who fail the theory and/or practical examination must re-register with PSI online at www.pslexams.com. You have three attempts to test per eligibility. If you fail three times you must reapply with the Board.

The score on the written examinations are reported as a scaled score, which is a score based on the number of questions you answered correctly that has been converted to a standardized number. The part scores cannot be transferred to a percentage, nor added for overall performance. Each individual part is weighted as to the importance of competence and public protection for entry-level candidates. These weightings then contribute to the total number of questions that must be answered correctly.

DUPLICATE SCORE REPORT

You may request a duplicate of the written score report after your examination by emailing scorereport@psionline.com or by calling 800-733-9267.

TAKING THE PRACTICAL EXAMINATION

IMPORTANT INSTRUCTIONS

• Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination.
• Candidates are required to bring their own kit with sufficient quantity of supplies in sanitary condition. This includes the required implements in proper working order, and protective drapes. The kit must be kept closed except when removing or replacing materials for a particular service. The kit will be used during the examination as dry storage and is considered part of the work area.
• All examinations are administered in a testing environment. Candidates should bring a container of water if needed for any section of the examination. Candidates may bring a thermos of hot water if desired. All water and their containers must be taken with the candidates and may not be disposed of at the testing facility.
• Candidates are evaluated at all times. Continue demonstrating until you have completed the entire section.
• Candidates will be given 15 minutes for client protection and to set up the general supplies that they will use throughout.
the examination.

- The verbal instructions will be read twice for each section of the examination. Each examination section has a maximum time allowance. Once you have completed all tasks in the section please step back to indicate that you are finished. In the event that all candidates complete the section before the time has elapsed the examiners will proceed to the next section of the examination.
- Candidates must follow all appropriate public protection and infection control procedures during all phases of the practical examination that will ensure the health, safety, and welfare of the public.
- Talking with other candidates or the examiners during the examination is strictly prohibited. Doing so will result in your dismissal from the examination and a report of your actions to the proper authorities. Your examiner has been instructed not to answer any questions concerning your examination. This ensures equal opportunity for all candidates and standardization in testing for the National Practical Examination. If you have an emergency situation please ask to speak with the examination coordinator.
- Chemicals for Chemical Waving, Hair Lightening, Hair Coloring, and Chemical Relaxing will be simulated.
- Manufacturer’s labels are required on all disinfectants and sanitizers. An EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used. Simulated products are NOT allowed for disinfectants and hand sanitizers.
- You may NOT bring any notes (e.g., written task lines, numbers or supply lists on kit containers/bags), cheat sheets, task lines, or Candidate Information Bulletins into the examination site.
- Candidates must arrive in neat, clean, professional attire. Uniforms are not required.
- Sculptured nail products (powder, primer, liquid): the product must be odorless, sealed and be in its original container with the manufacturer’s label.
- Candidates must use a curling iron with a cord for the Thermal Curling Service.

THE MISSOURI STATE BOARD OF COSMETOLOGY AND BARBER EXAMINERS REQUIRE THE USE OF THE FOLLOWING DURING THE PRACTICAL EXAMINATION

MANNEQUINS

- Barbering: A mannequin is required for all services as well as the necessary clamp to properly secure the mannequin head to the table during the examination. *A model may be used during the shaving and taper haircut portion only.
- Cosmetology, Hairdresser, and Instructor: A mannequin for all services as well as the necessary clamp to properly secure the mannequin head to the table during the examination.
- Nail Tech and Cosmetology: A mannequin hand for all services as well as the necessary clamp to properly secure the mannequin hand to a table during the examination. A suitable substitute for a commercial mannequin hand is a medical quality glove filled to its entirety with sand or cornmeal and sealed.

MODELS:

Models must be at least 15 years of age and cannot be licensed or a student studying in the field of Cosmetology, Barbering and/or any related fields. Models must be present with the candidate at the beginning of the practical examination. The model must present a valid driver’s license or State ID card for admittance to the examination. The model must be appropriate for examination purposes. The model must agree to submit to all areas of the practical examination. Models are not permitted to talk to the candidate or examiners at any time during the examination.
- Barbering: Models are only permitted during the shaving and haircutting section of the practical examination.
- Esthetics: Models are required for all esthetics practical examination services.

THERMAL CURLING IRONS:

Cold thermal curling irons are now required. No heat or electricity necessary. Candidates will be asked to “simulate” testing the temperature of your cold curling iron.

PROHIBITED ITEMS:

The following items are not permitted to be used at any time during the practical examination.
- Aerosol products
- Methyl Methacrylate (MMA)
- Clipper Guards
KIT SIZE:

Recommended kit size is no larger than 30”x30”. For safety reason all kits must be able to fit completely under the table area.

NATIONAL-INTERSTATE COUNCIL OF STATE BOARDS OF COSMETOLOGY (NIC)

Please see the following NIC Content Outline pages with details on what you will be tested on for both your theory and practical examinations, a checklist of items that will be needed for your practical examination, and references used for both examinations.
All examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990. Candidates with disabilities or those who would otherwise have difficulty taking the examination may request examination accommodations.

REQUEST ACCOMMODATION VIA ONLINE

Applicants with disabilities or those who would otherwise have difficulty taking the examination should request for alternative arrangements by Clicking Here.

Requirements for examination accommodation requests:

You are required to submit documentation from the medical authority or learning institution that rendered a diagnosis. Verification must be submitted to PSI on the letterhead stationery of the authority or specialist and include the following:

- Description of the disability and limitations related to testing
- Recommended accommodation/modification
- Name, title and telephone number of the medical authority or specialist
- Original signature of the medical authority or specialist

REQUEST ACCOMMODATION VIA FAX OR EMAIL

If you prefer you may fax this form, along with supporting documentation, to (702) 932-2666 or email it to examaccommodations@psionline.com. After 4 days, PSI Exam Accommodations will email you confirmation of approval with Instructions for the next step.

Date: ___________________________________________ ID#: ___________________________________________

Legal Name: ___________________________________________

Last Name: ___________________________________________

First Name: ___________________________________________

Address: ___________________________________________

Street: ___________________________________________

City, State, Zip Code: ___________________________________________

Telephone: (______) _________ - ___________________ Email Address: ___________________________________________

Check any examination accommodations you require (requests must concur with documentation submitted):

☐ Reader (as accommodation for visual impairment or learning disability)
☐ Extended time (Additional time requested: _____________)

☐ Large-print written examination
☐ Other: ___________________________________________

☐ *Out-of-State testing request for the Written exam only (this request does not require additional documentation).

Site Requested: _______________________________________

☐ ESL Accommodation (If English is not your primary language and you are taking the written English version of the examination), you may qualify for additional time for your test by requesting an ESL authorization from PSI, specifically time and a half. Please include:

- A personal letter requesting the authorization; and
- A letter from your English instructor or sponsoring company (on company letterhead), certifying that English is not your primary language.

DO NOT SCHEDULE YOUR EXAMINATION UNTIL THIS DOCUMENTATION HAS BEEN RECEIVED AND PROCESSED BY PSI EXAM ACCOMMODATIONS.
The NIC National Esthetics Practical Examination is the licensure examination for Esthetics, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains IMPORTANT INFORMATION regarding the NIC National Esthetics Practical Examination content and administration for Esthetics core services and additional sections.

For each NIC National Practical Examination, there are multiple parts to every Candidate Information Bulletin (CIB) stored as separate documents. Go to www.nic-testing.org for a current downloadable copy of each of the following:

- **Important Instructions and Examination Core Domain Content** – This contains information and guidelines related to administration of the Practical examination and information about the scope of content covered in the core sections of the Practical examination.
- **Additional Services** – These provide information about additional sections offered by NIC for examination. Check with your State regulatory agency or examination administration vendor to determine which of these sections your State requires as part of their Practical examination.
- **References** – This is a list of references used to develop and support the content covered in NIC examinations. The references will always be the same for both Theory and Practical examinations.

**BE CERTAIN TO DOWNLOAD AND/OR PRINT AND REVIEW ALL DOCUMENTS THAT MAKE UP THE NIC EXAMINATION CIB.**

**PLEASE REVIEW ALL INFORMATION CAREFULLY!**

**IMPORTANT INSTRUCTIONS**

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. **Picture ID is required for re-entry into the examination.**
- Candidates are required to bring a supply kit for their own use.
  - It is the candidate’s responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
  - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.

- All examinations are administered in a testing environment.
- Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.

- Due to standardization of the NIC National Examinations, proctors and examiners are required to adhere to the following standards:
  - The verbal instructions will be read twice for each section of the examination.
  - With the exception of verbal instructions, the proctors are not allowed to communicate with candidates.
  - Examiners are not allowed to speak with candidates.
  - Candidates requesting information during the examination will be told one of the following statements:
    - "Do the best you can with what you have available."
    - "Do as you were taught."
  - If a candidate experiences an emergency situation, please notify the proctor by raising your hand.

- Candidates will be given time to set up the universal (also known as general) supplies they will use throughout the examination.
  - Each section of the examination has a maximum time allowance, with the exception of those specified as untimed sections.
  - Once a candidate has completed all tasks in the section, they should step back or turn the hand toward the examiner (in the case of nail sections) to indicate they have finished.
  - In the event that all candidates complete a section before the time has elapsed, the examiners will proceed to the next section of the examination.
  - When the timer goes off, all candidates must stop working and step back or turn the hand toward the examiner (in the case of nail services) IMMEDIATELY.

- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
  - In the event of a blood exposure incident, candidates will be expected to follow the NIC Blood Exposure Procedure.

**Failure to do so may result in your dismissal from the examination.**

- Be sure to contact your examination provider to obtain the most current version of, and any addendums to, the NIC Blood Exposure Procedure, OR go to www.nicetesting.org for a current downloadable copy.

- If a candidate does not follow infection control procedures or allows the work area to become and remain unsafe, the result may be a failing score for the examination.

- The following provides examples of materials and actions that are prohibited during the examination administration:
  - Possession of cellular phones, pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
  - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination, are not allowed.
  - Exhibiting disruptive behavior.
  - Communicating to other candidates or any examiner.

- The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will
NIC National Esthetics Practical Examination

result in the immediate dismissal from the examination and the candidate’s actions reported to the proper authorities.

- **All supplies must be labeled in English.** When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers’ labels must be in English and may also include other languages. All non-manufacturers’ created labels must be only in English.
  - Original manufacturer’s labels are *required* for all disinfectants and hand sanitizers.
  - An EPA-registered disinfectant that demonstrates bactericidal, fungicidal, and virucidal properties must be used. Please refer to the “Suggested Examination Supplies” section to see any further state specific requirements for supplies and products.
  - Simulated products are *not* allowed for disinfectants and hand sanitizers.
  - *NO AEROSOLS* are allowed in the testing environment.
  - Candidates are to perform all tasks, utilizing products and supplies, as they were taught. There is however, a section titled “Suggested Examination Supplies” provided following the “Content Domains” section of this bulletin for items that a candidate may possibly utilize in a section.

**NIC MODEL OR MANNEQUIN REQUIREMENTS**

Please refer to your state specific guidelines for model and mannequin requirements.

*If your state requires that you use a mannequin head(s) or hand(s):*

- Candidates who are required to use a mannequin head(s), it is the candidate’s responsibility to come prepared for the examination.
- Mannequin heads that are premarked or presectioned are not allowed for any part of the practical examination.
- Candidates who are required to use a mannequin hand(s), it is the candidate’s responsibility to come prepared for the examination.
- Mannequin hands must be an entire hand and cannot have removable digits.
- Mannequin heads and hands must be approved by the examination state/vendor prior to admittance into the examination.

**SPECIAL ATTENTION!**

The following information is vital and specific to the National Esthetics Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
  - Container labeled “to be disinfected”
  - Container labeled “soiled linens”
  - Container labeled “trash”
- It is specified that there is more than one *client* represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Esthetics Practical Examination Content Domain Sections). All additional services (varies by state) will be performed on Client 2.
- Candidates are not allowed to label products as single-use items.
- Use of single-use products may result in a failing score for the examination.
- Candidates are expected to *brace any time they are working around the eye and mouth areas.*
- In accordance with manufacturer’s guidelines, gloves MUST be worn during disinfection procedures.
ESTHETICS PRACTICAL EXAMINATION
CONTENT DOMAIN SECTIONS

The scope of the National Esthetics Practical Examination includes 6 (six) core domain services. The Core Domain Sections are based on the national job analysis.

1. Work Area Preparation and Set Up of Supplies (First client) (10 minutes)
2. Client Preparation and Basic Facial (25 minutes)
3. Work Area Preparation For New Client and Set Up of Supplies (Second client) (10 minutes)
4. New Client Preparation and Hair Removal of the Eyebrows Using Simulated Soft Wax and Tweezing (5 minute set-up, Untimed procedure)
5. Facial Makeup (20 minutes)
6. Blood Exposure Procedure (10 minutes)
7. Particle Microdermabrasion on the Forehead (10 minutes) + ADDITIONAL SECTION (Performed on Client 2)+
8. Eyelash Enhancement (10 minutes) + ADDITIONAL SECTION (Performed on Client 2)+
9. Hair Removal of the Upper Lip Using Hard Wax (10 minutes) + ADDITIONAL SECTION (Performed on Client 2)+
CONTENT DOMAINS

1. WORK AREA PREPARATION AND SET UP OF SUPPLIES
(10 minutes)

Proctor – Verbal Instructions: Read to all candidates:
“You will prepare your WORK AREA for your client.”
“You will set up the universal supplies you will use throughout the examination.”
“You will also set up the supplies for the Basic Facial section of the examination.”
“You will be expected to follow all client protection, safety and infection control procedures.”
“You will have 10 minutes to complete this section.”
“You will be informed when you have 5 minutes remaining.”
“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”
“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”
(2) “You may begin.”

Candidates will be evaluated on the following tasks:

1.1 Disinfects all work areas completely with product labeled in English as EPA-registered disinfectant that is virucidal, bactericidal, and fungicidal
1.2 Universal supplies are labeled in English
1.3 Sanitizes hands with product labeled in English
1.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
“Please stop working.”
2. CLIENT PREPARATION AND BASIC FACIAL
(25 minutes)

Proctor – Verbal Instructions: Read to all candidates:
“You will prepare your CLIENT for services.”
“You will perform a Basic Facial.”
“The basic facial will include cleansing, manual exfoliation, towel steaming, massage, and mask.”
“You will be expected to follow all client protection, safety and infection control procedures.”
“You will have 25 minutes to complete this section.”
“You will be informed when you have 12 minutes remaining.”
“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”
(2) “You may begin.”

Candidates will be evaluated on the following tasks:

2.1 Basic facial supplies are labeled in English
2.2 Implements and supplies are visibly clean
2.3 Cleanses entire face
2.4 Performs exfoliation with manual exfoliant using an implement or material on entire face excluding eyes and lips
2.5 Steams the face with towel and removes residual product completely
2.6 Demonstrates facial massage procedure using 4 different types of facial massage movements
2.7 Demonstrates facial mask application and concludes the service
2.8 Maintains drape throughout section
2.9 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:
“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
“Please stop working.”
3. WORK AREA PREPARATION FOR NEW CLIENT AND SET UP OF SUPPLIES  
(10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

"You will break down your work area and dispose of supplies used in the previous sections of this examination."
"You will prepare your WORK AREA for a NEW client."
"You will set up the universal supplies you will use for the remainder of the examination."
"You will also set up for the following sections of the examination:
   Hair Removal of the Eyebrow using Simulated Soft Wax and Tweezing,
   Facial Makeup."
"You will be expected to follow all client protection, safety and infection control procedures."
"You will have 10 minutes to complete this section."
"You will be informed when you have 5 minutes remaining."
"Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin."
"Step back to indicate you have finished."

Additional verbal instruction specific to state guidelines for hard wax:
"Plug in your wax pot at this time." (If additional hard wax section is administered)

(1) "The instructions will be repeated."
(2) "You may begin."

Candidates will be evaluated on the following tasks:

3.1 Disinfects all work areas completely with product labeled in English as EPA-registered disinfectant that is virucidal, bactericidal, and fungicidal
3.2 Universal supplies are labeled in English
3.3 Sanitizes hands with product labeled in English
3.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

"All candidates have indicated they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working."
4. NEW CLIENT PREPARATION AND HAIR REMOVAL OF THE EYEBROW USING SIMULATED SOFT WAX AND TWEEZING
(5 minute set up, Untimed procedure)

Proctor – Verbal Instructions: Read to all candidates:
“You have 5 minutes to prepare your CLIENT for the following sections of the examination:
Hair Removal of the Eyebrow using Simulated Soft Wax and Tweezing, Facial Makeup.”
“Please do not begin any procedures until the verbal instructions are given and you are instructed to begin.”
“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”
(2) “You may begin.”

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:
“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
“Please stop working.”

Proctor – Verbal Instructions: Read to all candidates:
“You will perform hair removal of the eyebrow using simulated soft wax and tweezing.”
“You will select one eyebrow to demonstrate a simulated soft wax and tweezing procedure.”
“You will be expected to follow all client protection, safety and infection control procedures.”
“You will be instructed individually by the examiner to demonstrate the soft wax and tweezing procedures.”
“This is an untimed section.”
“Do not begin to demonstrate the soft wax and tweezing procedures. You will be instructed individually by the examiner to do so.”

(1) “The instructions will be repeated.”

Candidates will be evaluated on the following tasks:

4.1 Hair removal of the eyebrow supplies are labeled in English
4.2 Implements and supplies are visibly clean

Examiner – Verbal Instructions: Read to each candidate individually:
“Please demonstrate hair removal using simulated soft wax along entire length of one eyebrow.”
4.3 Demonstrates simulated soft wax procedure along entire length of eyebrow

Examiner – Verbal Instructions: Read to each candidate individually:
"Please tweeze three hairs from the same eyebrow and conclude the service."

4.4 Demonstrates tweezing procedure
4.5 Maintains drape throughout section
4.6 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Examiner – Verbal Instructions: Read to each candidate individually after hair removal of the eyebrow using soft wax and tweezing has been examined:
"Please step back and do nothing until the next verbal instructions are given."

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:
"All examiners have indicated they are ready to proceed."
5. FACIAL MAKEUP
   (20 minutes)

Proctor – Verbal Instructions: Read to all candidates:
“You will perform Facial Makeup.”
“You will be expected to apply facial makeup in the following order: foundation, powder, blush, eyeshadow, eyeliner, mascara, and lip color.”
“You are expected to brace when working around the eye and mouth areas.”
“You will be expected to follow all client protection, safety and infection control procedures.”
“You will have 20 minutes to complete this section.”
“You will be informed when you have 10 minutes remaining.”
“Step back to indicate you have finished.”

Additional verbal instruction specific to state guidelines for Hard Wax:
“Please check the temperature of your wax pot at this time.” (if additional Hard Wax section is administered)

(1) “The instructions will be repeated.”
(2) “You may begin.”

Candidates will be evaluated on the following tasks:

5.1 Facial makeup supplies are labeled in English
5.2 Implements and supplies are visibly clean
5.3 Applies foundation to cover face
5.4 Applies powder
5.5 Applies blush
5.6 Applies eyeshadow
5.7 Applies eyeliner
5.8 Applies mascara
5.9 Applies lip color
5.10 Maintains drape throughout section
5.11 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:
“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
“Please stop working.”
6. BLOOD EXPOSURE PROCEDURE (10 Minutes)

Proctor – Verbal Instructions: Read to all candidates:
“You will demonstrate the blood exposure procedure.”

“You will imagine the following scenario: During a service, your client has sustained a minor cut to the chin. The injury is such that you can continue with the service. You have not come in contact with the blood and your work area has not been contaminated. You are expected to demonstrate the proper procedure for a blood exposure.”

“You will be expected to follow all client protection, safety and infection control procedures.”
“You will have 10 minutes to complete this section.”
“You will be informed when you have 5 minutes remaining.”
“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”
(2) “You may begin.”

Candidates will be evaluated on the following tasks:

6.1 Blood exposure supplies and materials are labeled in English
6.2 Removes materials from the first aid kit
6.3 Supplies and materials are visibly clean
6.4 Candidate wears gloves
6.5 Cleans injured area with antiseptic
6.6 Covers with dressing that is absorbent and secured
6.7 Disposes of all contaminated supplies

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:
“All candidates have indicated they have completed this section. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
“Please stop working. Please do nothing until the next verbal instructions are given.”
SUGGESTED EXAMINATION SUPPLIES

Suggested supply list:
- This is ONLY a list of SUGGESTED supplies for the Practical examination.
- Candidates are responsible for bringing all needed materials, even if not included on this list.

Information related to labeling of supplies:
- ALL simulated products must be labeled in English
- No other languages can be present unless an original manufacturer’s label is present
- Original manufacturers’ labels MUST have English and may be multi-language
- All other created labels must be only English

EXAMINATION UNIVERSAL/GENERAL SUPPLIES
- candidate supply kit to serve as dry storage area (must be closeable)
- EPA-registered disinfectant with manufacturer’s label that demonstrates bactericidal, fungicidal, and virucidal properties must be used (must be actual disinfectant)
- hand sanitizer and manufacturer’s label (must be actual hand sanitizer)
- bag or container labeled “to be disinfected”
- bag or container labeled “soiled linens”
- bag or container labeled “trash”
- head and body drapes
- gloves
- bowl or container of water (if used)
- paper towels
- tissues, gauze pad, cotton rounds, sponges
- applicators, spatula(s)
- first aid kit
- disposable bag for blood contaminated materials

CLIENT 1
- cleanser
- toner
- manual exfoliation product
- implement or material to exfoliate
- wet steam towel(s)
- massage product
- mask product with color (not clear)
- mask applicator
- moisturizer/sun protection

CLIENT 2
- tweezers
- pre-epilation product
- wax applicator(s)
- wax strip(s)
- simulated soft wax
- post-epilation product
- empty makeup palette
• disposable makeup applicator(s)
• foundation
• powder
• blush
• eye shadow
• eyeliner
• sharpener
• mascara
• lip color
The National Esthetics Theory Examination is the licensure examination for Estheticians, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC). This bulletin contains IMPORTANT INFORMATION regarding the examination, including content outline covered by the theory examination, sample questions and answers, and references. The time allowed for the Esthetics Theory Examination is 90 minutes.

**PLEASE REVIEW ALL INFORMATION CAREFULLY**

**IMPORTANT INSTRUCTIONS**

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. Picture ID is required for re-entry into examination.
- With the exception of verbal instructions, the proctors and examination administration personnel are not allowed to communicate with candidates.
- If you have an emergency situation please notify the proctor.
- The following provides examples of materials and actions that are prohibited during the examination administration:
  - Possession of cellular phones, pagers, tablets, computers, projectors, cameras, any other electronic or recording devices, printed materials, or handwritten notes.
  - Communicating to other candidates.
  - Exhibiting disruptive behavior.

  *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in your immediate dismissal from the examination and your actions reported to the proper authorities.*

**ESTHETICS THEORY EXAMINATION CONTENT OUTLINE**

The following outlines the scope of content covered by the NIC National Esthetics Theory Examination. The percentages represent the percentage of items from each domain. The examination is comprised of 110 items of which 100 items are weighted and contribute to the candidate’s final score.

The following outlines the scope of content covered by the NIC National Barber Theory Examination. The percentages represent the percentage of items from each domain. The examination is comprised of 60 items of which 50 items are weighted and contribute to the candidate’s final score.

**Domain I: SCIENTIFIC CONCEPTS (55%)**

A. Basic knowledge of microbiology (i.e., bacteria, viruses, parasites, fungi)

B. Apply knowledge of infection control procedures related to:
   1. Levels of infection control (i.e., sanitation, disinfection, sterilization)
   2. Methods of infection control (i.e., heat, chemical agents)

C. Apply knowledge of safety procedures and guidelines related to:
   1. Standard (Universal) Precautions
   2. Blood exposure precautions
   3. Safety Data Sheets (SDS) (e.g., manufacturer’s labeling)
   4. Handling of chemicals

D. Demonstrate a basic understanding of human physiology and anatomy related to:
   1. Cells and their functions
   2. Tissues (i.e., epithelial, connective, nerve, muscular)
3. Organs and their function (e.g., skin, lungs, heart)
4. Systems and their functions (e.g., muscular, integumentary, nervous, endocrine, skeletal)

E. Demonstrate an understanding of histology and physiology of the skin related to:
   1. Structure and function of the layers of the skin
   2. Structure and function of the glands
   3. Functions of the skin (e.g., protection, temperature regulation, absorption)

F. Recognize and understand skin disorders and diseases related to:
   1. Disorders of the sebaceous gland (e.g., acne, milia, seborrhea)
   2. Disorders of the sudoriferous gland (e.g., hyperhidrosis, bromhidrosis, anhidrosis)
   3. Contagious diseases (e.g., bacterial conjunctivitis, herpes simplex, tinea)
   4. Skin inflammations (e.g., dermatitis, eczema, rosacea)
   5. Skin pigmentation (i.e., hyperpigmentation, hypopigmentation)
   6. Skin growths (e.g., skin tags, moles, keratoma)
   7. Skin cancers (i.e., basal cell carcinoma, squamous cell carcinoma, melanoma)
   8. Primary and secondary skin lesions

G. Understanding function and composition of the hair related to:
   1. Structure of the hair and its follicle
   2. Growth cycles
   3. Abnormal hair growth (e.g., hirsutism, hypertrichosis)

H. Understanding basic chemistry as related to:
   1. Ingredients
   2. Labeling
   3. Function (e.g., hydration, protection, cleanse)
   4. Acidity/Alkalinity (i.e., pH)

Domain II: SKIN CARE AND SERVICES (45%)
A. Demonstrate an understanding of performing a client consultation and documentation (e.g., health history, intake form, consultation chart, physician release)
B. Apply knowledge of client protection (i.e., draping of head and body)
C. Skin analysis (e.g., Fitzpatrick skin types/conditions/characteristics)
D. Contraindications for skin services
E. Treatment protocol
F. Demonstrate an understanding of cleansing procedures
G. Demonstrate an understanding of steaming procedures
H. Demonstrate an understanding of exfoliation procedures (i.e., chemical, mechanical/manual)
I. Demonstrate a basic understanding of massage movements
J. Demonstrate an understanding of methods of extraction
K. Demonstrate an understanding of the functions and applications of masks related to:
   1. Clay/Mud
   2. Gel
   3. Rubberized
   4. Cream
   5. Sheet mask (e.g., collagen, gauze, pre-cut)
   6. Thermal (e.g., paraffin, mineral)
L. Demonstrate an understanding of the conclusion of facial services:
   1. Moisturize
   2. Sun protection
3. Home care (i.e., after care)
M. Demonstrate a basic knowledge of the use of electrical equipment used in skin services
N. Demonstrate an understanding of makeup as related to:
   1. Principles (e.g., color theory)
   2. Product selection (e.g., lipstick, foundation)
   3. Application (e.g., contouring, highlighting, blending)
   4. Safety (e.g., bracing)
   5. Infection control (e.g., disposables, disinfection of tools)
O. Demonstrate a basic knowledge of other services related to:
   1. Facial services (e.g., aromatherapy, pre- and post-surgical/medical treatments, ultrasonic)
   2. Body treatments (body wraps, body scrubs, sunless tanning)
   3. Eyelash and eyebrow services (e.g., lash and brow tinting, artificial lashes, lash lifting/perming)
   4. Demonstrate an understanding of hair removal methods and procedures (i.e., waxing, tweezing)
   5. Wellness programs

**ESTHETICS SAMPLE QUESTIONS**

The following sample questions are similar to those on the NIC Esthetics Theory Examination. Each question is followed by four answer options. Only one option is correct. Correct answers (keys) are listed following the sample questions.

1. What is the term for the scientific study of the skin?
   a. Myology
   b. Angiology
   c. Physiology
   d. Dermatology

2. A product containing antiseptic reaches what level of decontamination?
   a. Disinfection
   b. Sterilization
   c. Ionization
   d. Sanitation

3. Which of the following is also referred to as the basal layer?
   a. Stratum granulosum
   b. Stratum lucidum
   c. Stratum germinativum
   d. Stratum corneum

4. During the anagen phase of hair growth, the hair is
   a. beginning to destroy itself.
   b. actively growing.
   c. shedding.
   d. disconnecting from the papilla.

5. A new client schedules a series of chemical exfoliation treatments. When should the consultation form be reviewed and signed?
   a. Monthly
   b. Annually
   c. At the first treatment
   d. At each treatment
6. Dilated capillaries that can be seen beneath the surface of the skin are known as
   a. seborrhea.
   b. keratoma.
   c. telangectasia.
   d. dehydrated.

7. Melanocytes that are more active will produce
   a. lighter skin.
   b. darker skin.
   c. sebaceous skin.
   d. dry skin.

8. In addition to softening sebum, another function of a facial steamer is to
   a. oxygenate the skin.
   b. moisturize the skin.
   c. decrease circulation.
   d. detoxify the skin.

Answers
1. d 3. c 5. d 7. b
2. d 4. b 6. c 8. a