

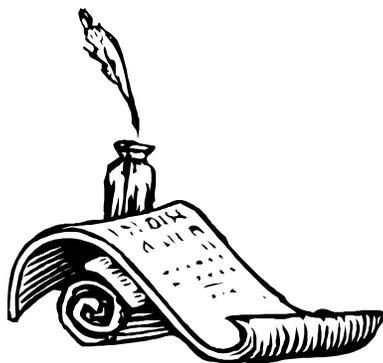
Board of Therapeutic Massage

Volume 1 Number 1

February 2000

Missouri Board of Therapeutic Massage Established

The Missouri Board of Therapeutic Massage held its first meeting on July 22, 1999. The Board was established by the 89th General Assembly with the passage of House Bill



1601, with revisions made for licensing purposes by the 90th General Assembly with House Bill 343. The eight-member board is comprised of six massage therapists, one public member

and one member of the massage therapy community. The massage therapy members are: Derek V. Alvarez of Lake Ozark, Sidney L. Brantley of Bridgeton, Elizabeth C. Miller of Springfield, Christi Warner of Fulton, and Bernard M. Wesley of Kansas City. Gretchen C. Lockett, Ph.D. of St. Louis is the board's public member and Juliet Mee of Springfield is the member of the massage therapy education community.

The Missouri Board of Therapeutic Massage is part of the Division of Professional Registration, a division of the Missouri Department of Economic Development. The Division provides staff and administrative support for the Board. The Division is responsible for the oversight of over thirty-four professional boards and commissions. These regulatory agencies are responsible for protecting the

public interest with regard to services offered by licensed professionals in the state.

The Board is responsible for promulgating, implementing and administering the rules and regulations necessary to carry out the provisions of the Therapeutic Massage licensure law.

The procedures that must be followed in order to put a new licensing board in place are time consuming and detailed. Rules must be established in order to collect fees, accept applications, license massage therapists, and to regulate the profession.

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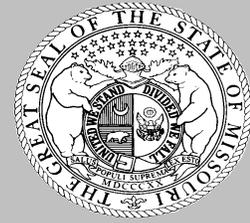
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The rule making process is equally time consuming. First, the rules must be drafted, reviewed and approved by the board. They are then forwarded to the Division of Professional Registration and the Department of Economic Development for approval. Once they have been approved by these entities, they must be submitted to the Secretary of State's Office, the Governor's Council and the Joint Committee for Administrative Rules for a 30-day review preparation period.

After the 30-day review preparation period ends, the proposed rules will appear in the *Missouri Register* which will begin a 30-day comment period and may include a public hearing. At the end of the 30-day comment period, the board will have 90 days to respond to the comments received and file a final order of rulemaking with the Governor's Council and the Joint Committee for Administrative Rules for a 30 day review period. Once that review period has ended the final order is sent to the Secretary of State's Office for a 30-day review period at the end of which, the final order will be published in the *Missouri Register*. Once the final order has been published in the *Missouri Register*, the rule will be published in the Code of State Regulations and become effective 30 days after publication.

The Board has just completed its review and approval of the proposed rules and regulations and they have been submitted to the Division/Department for approval. It is the board's hope that the rules will be published in the April 1 edition of the *Missouri Register*.

Please visit our website at www.ecodev.state.mo.us/pr/massagetherapy for information about the board, meetings, public hearings and for a copy of the law and the rules (once they have been approved).



MISSOURI BOARD OF THERAPEUTIC MASSAGE

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Joseph L. Driskill, Director
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Randall J. Singer, Director
Division of Professional Registration

BOARD MEMBERS

Gretchen Lockett, Ph.D., Chair and
Public Member
Elizabeth Miller, Vice-Chair
Sidney Brantley, Secretary
Christi Warner, Member
Derek Alvarez, Member
Bernard M. Wesley, Member
Juliet Mee, Member of Massage
Therapy Education Community
Vacant, Member

STAFF MEMBERS

Donna Steinmetz, Executive Director
Betty Reynolds, Clerk IV
Patty Owens, Licensing Tech
Chad Sooter, Licensing Tech



MISSOURI

DEPARTMENT OF ECONOMIC DEVELOPMENT

OFFICE HOURS

The office of the Missouri Board of Therapeutic Massage is open Monday through Friday except on state holidays, with staff available to assist you between the hours of 8:00 a.m. and 5:00 p.m.

Meet the Board Members



Gretchen C. Lockett, Ph.D., St. Louis
Chair and Public Member

Gretchen Lockett graduated from Harris Teacher's College with a Bachelor's of Arts in Elementary Education, from the University of Missouri-Columbia with a Master's of Arts in Political Science and an Ed.S. in Higher-Adult Education. She also graduated from the University of Missouri-Columbia with a Ph.D. in Higher-Adult Education. Gretchen is currently a professor of Teacher Education at Harris-Stowe State College.



Elizabeth C. Miller, RN, BS, NCTMB, Springfield
Vice-Chair

Elizabeth Miller graduated from the Pilgrim State Hospital School of Nursing as a registered nurse in 1970, from Clayton College in 1997 with a bachelor's of science degree in natural healing and from the Professional Massage Training Center in 1998. She was a founding member and past president of Southwest Missouri Bodyworker's Association and is certified by the National Certification Board of Therapeutic Massage and Bodywork (NCTMB). She is a partner in Healing Arts Therapeutic Massage and is also employed as a clinical manager at the Citizens Memorial Hospital in Bolivar.



Sidney L. Brantley, A.A., C.M.T., Bridgeton
Secretary

Sidney L. Brantley obtained an Associate's Degree from St. Louis Community College and completed 500 hours in Swedish massage at the Dr. Boyer School of Massage, St. Louis, MO. He is the owner of Brantley's Massage Service Incorporated and is also currently employed by Bakers Chiropractic and Acupuncture in Bridgeton, Missouri. Sidney is a member of the Associated Bodywork and Massage Professionals.



Christi Warner, Fulton
Member

Christi Warner graduated from Mueller College in San Diego, CA. After graduating she decided to go into private practice. In Palm Springs, CA she studied at the Desert Resorts School of Somatherapy and completed courses in Manual Lymphatics, Cranio-Sacral Therapy and Chair Massage. She received her E.S.M.T. from EQUISSAGE in Virginia. In June of 1996, she opened her office in Fulton, MO where she has been a guest speaker and lecturer at Westminster College and William Woods University.

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Meet the Board Members Continued

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Derek V. Alvarez, Lake Ozark
Member

Derek Alvarez graduated from the Colorado Institute of Massage Therapy and completed an internship in Neuromuscular Massage Therapy at the Colorado Institute of Massage Therapy in 1996. He is currently employed by the Windjammer Spa & Salon at Tan-Tar-A Resort in Osage Beach and is also a member of the American Massage Therapy Association.



Bernard M. Wesley, Kansas City
Member

Bernard Wesley graduated with a Bachelor of Science in Physical Education from Central Missouri State University and received his certification in massage therapy from the Massage Technical Training Institute. He is currently employed with Firstguard Health Plan as a Wellness and Fitness Consultant, with Kansas City Ritz Carlton Hotel as a Massage Therapist/Personal Trainer and with the Kansas City Parks and Recreation as a Director I.



Juliet Mee, Springfield
Member of Massage Therapy Education Community

Juliet Mee attended Southwest Missouri State University and completed an apprenticeship in Massage Therapy with Melba Shelton Smith. She is internationally certified in Manual Lymph Drainage and is nationally certified in Therapeutic Massage and Bodywork. From 1983 to 1993, she was self-employed as a massage therapist with an in-home clientele. She is currently the owner and manager of Natural Touches, which is an office with seven other therapists. She is also the owner and director of the Professional Massage Training Center. She also served on the American Massage Therapy Association Law & Legislation Committee, which helped to pass the law to govern massage therapy.

Juliet is a member of the American Massage Therapy Association, Council of Schools, Southwest Missouri Bodyworker's Association and is the Vice-President of the Commercial Club.

Letter from the Chair

Fellow Citizens:

The Board of Therapeutic Massage is an entity designed to protect the public through its oversight of this newly regulated professional service. As a board member each of us pledges to do our best as volunteers to ensure that the best service is provided by massage therapists who are ethical and well trained, in clean, safe environments.

We developed our rules in collaboration with practicing massage therapists and massage therapy school operators and owners. Our attempt has been to provide rules that are fair but which allow for the maintenance of standards and criteria appropriate for this profession. We encourage citizens of Missouri to be knowledgeable of the law and current on the rules we've designed to maintain the law.

As a Board, we will maintain communication with persons operating both within and outside the profession. We hope that our licensure process will be efficient and effective.

Concerns should be addressed to the Board during its hearing, comment solicitation process, meetings or other appropriate mechanisms.

Sincerely,

 Gretchen C. Lockett

A Letter From The Division Director



The Division of Professional Registration, the licensing and regulatory arm of Missouri State Government, is an integral part of the Department of Economic Development. Created by the Omnibus Reorganization Act of 1974, the

Division is charged with protecting the public by licensing qualified professionals, enforcing professional standards and maintaining an open communication network with over 310,000 licensees. The regulatory agencies of the Division continually strive to assist the Department of Economic Development in its

mission to develop, enhance and support a regulatory environment for professionals and consumers that preserves integrity and promotes ethical standards, while fostering a flexible and progressive approach toward the future.

In our effort to enhance professional services, the Division has embraced the philosophy of quality customer service. It is our goal, as well as our responsibility, to provide consumers with an accessible and accountable regulatory entity. We are committed to improving and maintaining our cooperative spirit.

Sincerely,

 Randall J. Singer
 Division Director

FAQ's Frequently Asked Questions

Requirements for Licensure

1. An applicant may apply for licensure if s/he has completed massage therapy studies consisting of at least five hundred hours of supervised instruction and subsequently passing an examination approved by the board. The course of instruction shall be approved by the board. The five hundred hours shall consist of three hundred hours dedicated to massage theory and practice techniques, one hundred hours dedicated to the study of anatomy and physiology, fifty hours dedicated to business practice, professional ethics, hygiene and massage law in the state of Missouri, and fifty hours dedicated to ancillary therapies, including cardiopulmonary resuscitation (CPR) and first aid.
2. An applicant may apply for licensure if s/he has completed five hundred hours in an apprenticeship with a certified mentor and has successfully passed an examination approved by the board.
3. An applicant may apply for licensure if s/he has been licensed or registered as a massage therapist in another state, territory or commonwealth or the District of Columbia, which maintains standards of practice and licensure which substantially conform to the requirements in force in this state.

Grandfathering Provisions

1. An applicant may apply for licensure if s/he has passed a statistically valid examination on therapeutic massage and body work which is approved by the board, prior to August 28, 1999, and applies for such license by December 31, 2000. The Board will determine by rule those examinations approved under this provision.
2. An applicant may apply for licensure if s/he has been engaged in the practice of massage therapy for at least 10 years prior to August 28, 1999, and applies for such license by December 31, 2000. The board will determine by rule the number of massage hours required per year and the type of documentation needed to provide proof of experience.
3. An applicant may apply for licensure if s/he has been in the practice of massage therapy for at least 3 years prior to August 28, 1999, has completed at least 100 hours of formal training in massage approved by the board, and applies for such license by December 31, 2000. The board will determine by rule the number of massage hours required per year and the type of documentation needed to provide proof of experience and formal education.

Temporary 2-year license

There are two ways to qualify for the temporary 2-year license.

1. An applicant may apply for a temporary 2-year license if s/he has less than 100 hours of massage therapy education as long as they have at least 3 years of massage therapy experience prior to August 28, 1999. **During** the temporary license period, the applicant must complete at least 100 additional hours of formal training, including at least twenty-five hours in anatomy and physiology, in a school approved by the board.



2. An applicant may apply for a temporary 2-year license if s/he has less than 3 years of massage therapy experience as long as they have received at least 100 hours of massage therapy education prior to August 28, 1999. The Board will determine by rule the minimum number of massage hours needed to qualify under this provision. **During** the temporary license period, the applicant must complete at least 100 additional hours of formal training, including at least twenty-five hours in anatomy and physiology, in a school approved by the board.

An applicant shall have until December 31, 2000, to apply for a temporary license.

What documentation will be required to prove formal training and/or experience?

The board will determine by rule the documentation required to prove formal training and/or experience, which **may** include some combination of the following:

- a) Income tax forms;
- b) Professional massage therapy association membership(s);
- c) Certificates of continuing education in massage therapy;
- d) Business license(s);
- e) Office rent or lease agreement(s);
- f) Yellow page advertisements with dates;
- g) Printed advertisements with dates;
- h) Professional Insurance;
- i) Cancelled checks related to the massage therapy practice which shall include but not be limited to payment for rent, services rendered and/or massage therapy supplies;
- j) Verifiable letter(s) from employer(s);
- k) Verifiable letter(s) of referral for massage therapy services from a licensed healthcare professional;
- l) Verifiable letters of confirmation from clients of massage therapy experience;
- m) Work log or client records consisting of client's name, address and/or telephone number, appointment date, and time period worked on client.

Will I need a business license if I practice out of my home? If I am an "on-site" or "out call" massage therapist?

If a person operates a massage business out of their home, they will be required to obtain a business license to operate.

A massage therapist who performs on-site or out call services and does not provide those services within a home or office, will not be required to obtain a business license.

What are the application and licensure fees?

The fees will be set by rule and this information may be accessed on the web site or by calling the board office, once the rules are approved.

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