

# Missouri State Committee of Marital & Family Therapists



# LICENSURE OVERVIEW

This slide presentation is an overview of Missouri licensure requirements for marital & family therapists and is intended for general information purposes only

Specific licensure requirements are contained within the marital and family therapy law and rules and available at the State Committee's website [pr.mo.gov/marital](http://pr.mo.gov/marital). Simply click on the icons entitled Regulations & Statutes.

# REQUIREMENTS FOR LICENSURE

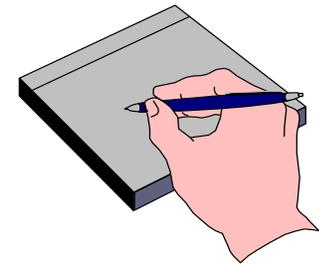
▼ **EDUCATION**



▼ **EXPERIENCE**



▼ **EXAMINATION**



# EDUCATIONAL REQUIREMENTS

- **45 SEMESTER HOUR OR 60 QUARTER HOUR MASTER'S DEGREE IN MARRIAGE & FAMILY THERAPY OR AN EQUIVALENT GRADUATE COURSE OF STUDY IN A MENTAL HEALTH DISCIPLINE FROM A REGIONALLY ACCREDITED INSTITUTION**
- **COURSE WORK MUST BE GRADUATE LEVEL WITH GRADUATE CREDIT AWARDED IN EACH OF CORE AREAS. PROGRAMS ACCREDITED BY THE COMMISSION ON ACCREDITATION FOR MARRIAGE & FAMILY THERAPY (COAMFT) MEET THE EDUCATIONAL REQUIREMENTS FOR LICENSURE.**
- **POST GRADUATE COURSE WORK IS ACCEPTABLE FROM ACCREDITED POST DEGREE INSTITUTES.**
- **COURSE WORK CANNOT BE PROVIDED BY VIDEO OR AUDIO TAPE, INTERNET, OR CORRESPONDENCE COURSE.**



# EDUCATIONAL REQUIREMENTS

## (continued)

CORE AREA	GRADUATE HOURS REQUIRED
<b>Theoretical Foundations of MFT</b>	3 semester hours or 5 quarter hours
<b>Practice of MFT</b>	12 semester hours or 20 quarter hours
<b>Human Development &amp; Family Studies</b>	6 semester hours or 10 quarter hours
<b>Ethics &amp; Prof Studies</b> <i>(content must focus on MFT ethics)</i>	3 semester hours or 5 quarter hours
<b>Research Methodology</b>	3 semester hours or 5 quarter hours
<b>Diagnosis</b>	3 semester hours or 5 quarter hours
<b>Practicum/Internship in Marriage &amp; Family Therapy</b> <i>(face-to-face client contact to include couple and family formats)</i>	6 semester hours or 10 quarter hours

# **EXPERIENCE REQUIREMENTS SUPERVISED MARITAL & FAMILY THERAPIST**

- **Registered & Approved by State Committee**
- **LMFT, Professional Counselor, Licensed Psychologist, Licensed Clinical Social Worker or Psychiatrist**
- **3,000 total hours of supervised experience in MFT in no less than two years & no more than five years. Must obtain at least 1,500 hours direct client contact in MFT.**
- **Changes in original supervised experience plan must be approved by the State Committee**

# Experience Requirements (continued)

- **2 hours every two weeks individual face-to-face supervision or 1 hour every week**
  - No more than 2 S-MFTs meeting with registered supervisor
  - Remaining supervision may be group supervision
  - At least three S-MFTs & no more than 6 S-MFTs
- **Multiple settings permitted**
- **Multiple supervisors permitted**
  - *If the supervisor is not employed at the setting, affiliate to setting by contract*
- **A supervisee can obtain hours where s/he is employed and/or in as a volunteer**



**ALL SUPERVISED EXPERIENCE TAKING PLACE IN  
MISSOURI MUST BE REGISTERED & APPROVED  
BY THE STATE COMMITTEE**

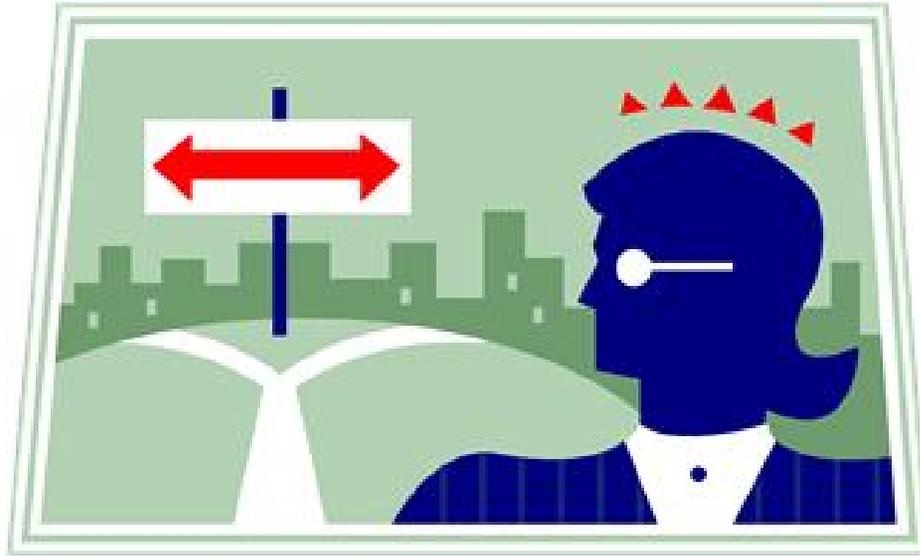
# EXAMINATION REQUIREMENTS



- ✎ **Examination in Marital Family as developed by the Assn. of Marital & Family Therapy Regulatory Boards (AMFTRB)**
- ✎ **Passing score is the criterion referenced passing point established by AMFTRB**
- ✎ **Go to [www.amftrb.org](http://www.amftrb.org) and click on MFT National Exam icon**

# PROVISIONAL LICENSURE

- Supervised MFT must meet all educational requirements
- Supervised MFT must be receiving supervision that is registered and approved by the State Committee
- Supervised MFT has passed the national examination
- Once all aforementioned requirements are met, a provisional license (PLMFT) is issued. No additional application or fee is required. The PLMFT is valid only at the site and with the supervisor approved by the State Committee



**THERE ARE TWO WAYS TO QUALIFY TO  
BE A SUPERVISOR OF MISSOURI SMFTs  
AND PLMFTs**



# **SUPERVISOR REQUIREMENTS PATH ONE**

- 1. Currently licensed as an MFT, LPC, psychologist, LCSW or psychiatrist for at least 2 years.**
- 2. Graduate degree with a major in marital and family therapy or mental health discipline from a regionally accredited institution acceptable to the United States Department of Education**
- 3. Five years clinical experience in providing MFT. Does not include practicum or internships associated with graduate degree.**
- 4. Designation as an approved supervisor by the American Association for Marriage & Family Therapy (AAMFT) or in the process of becoming an AAMFT approved supervisor.**

# **SUPERVISOR REQUIREMENTS PATH TWO**

- 1. Currently licensed as an MFT, LPC, psychologist, LCSW or psychiatrist for at least 2 years.**
- 2. Graduate degree with a major in marital and family therapy or mental health discipline from a regionally accredited institution acceptable to the United States Department of Education**
- 3. Five years clinical experience in providing MFT. Does not include practicum or internships associated with graduate degree.**
- 4. At least 200 hours of clinical supervision of individuals seeking licensure as a professional counselor, psychologist, clinical social worker, or practicum internship students.**
  - 4a. At least 100 hours of clinical supervision is in the context of systems theory & marital family therapy***
- 5. One graduate semester hour in marital & family therapy supervision or 15 hours of continuing education consisting of workshops and supervised studies of marital and family therapy supervision.**
- 6. At least 20 hours of supervision-of-supervision or in the process of receiving supervision-of-supervision.**
  - 6a. Focus of supervision-of-supervision shall be developing supervisory skills from a systemic perspective and include professional ethics***



# Becoming an Approved Supervisor

- *Review rules regarding supervisors  
Compare requirements to resume/vitae to  
determine compliance*
- *Submit application*
- *Provide required documentation*

# Supervisor Responsibilities

Supervision is an experiential learning process that assists the supervisee in developing therapeutic and professional competence.

- ✓ Understand relevant state law and rules relating to MFT licensure and providing therapy and guide and advise SMFTs accordingly
- ✓ Review the transcript of the supervised marital and family therapist and discuss education and practicum/internship experience
- ✓ Understand & follow ethical requirements concerning supervisor-therapist relationship

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